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Rochester Place, Block D, Ground Floor, 173 Rivonia Road, Sandton, Johannesburg



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2017 courses

 <p>VISCERAL MANIPULATION 1 (VM1)</p> <p>Course Dates:</p> <ul style="list-style-type: none"> • February 10–13, 2017 • May 25–28, 2017 • July 27–30, 2017 <p>Lecturer: Joanne Enslin de Wet BSc Physiotherapy (Wits) , BSc (Med) (Hons) Sport Science UCT, MSc Exercise Physiology Boston University USA</p> <p>Venue: 78 Ballyclare Drive, Riverclub, Sandton JHB</p>	<p>In the VM1 course you will study the models and theories of functional biomechanics as viewed from Barral's innovative approach.</p> <p>Course Highlights:</p> <ul style="list-style-type: none"> • Learn manual skills to locate, evaluate & normalize primary areas of dysfunction within the abdominal cavity. • Explore the dynamics of motion and suspension in relation to organs, membranes and ligaments. • Examine the relationship of organs and structural or neuromusculoskeletal dysfunction. • Assess the quality of functional activity and somatic structures as they relate to an overall pattern. 	<p>Cost: R 9,800 – early bird prices R8,800 on the application form</p> <p>Credits: 25 CEU's</p> <p>Pre-requisites: none</p> <p><i>Suggested Reading:</i></p> <ul style="list-style-type: none"> • Visceral Manipulation 1 by Dr. Jean-Pierre Barral, R.P.T., D.O. • Atlas of Human Anatomy by Frank Netter, MD.
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 <p>VISCERAL MANIPULATION 2 (VM2)</p> <p>Course Dates:</p> <ul style="list-style-type: none"> • March 09–12, 2017 • June 22–25, 2017 • September 07–10, 2017 <p>Johannesburg</p> <p>Lecturer: Joanne Enslin de Wet BSc Physiotherapy (Wits) , BSc (Med) (Hons) Sport Science UCT, MSc Exercise Physiology Boston University USA</p> <p>Venue: 78 Ballyclare Drive, Riverclub, Sandton</p>	<p>In Visceral Manipulation: Abdomen 2 you will expand on the functional anatomy, hand placements and techniques you learned in Visceral Manipulation: Abdomen 1 to give you a deeper understanding of the abdominal cavity and its relationship to the cranial and thoracic cavities.</p> <p>Course Highlights</p> <ul style="list-style-type: none"> • Explore the deeper structures within the abdominal cavity, focusing on the kidneys, pancreas, spleen, greater omentum, peritoneum, and their connective or suspensory tissues. • Learn about the concept of restriction planes, mobility and motility. • Begin to incorporate multiple long-lever techniques into your VM work. • Participate in supervised, hands-on sessions that guide you through specific techniques for locating and evaluating each organ, along with the effects and contraindications 	<p>Cost: R 9,800 – early bird prices R8,800 on the application form</p> <p>Credits: 25 CEU’s</p> <p>Pre-requisites: VM1</p> <p><i>Suggested Reading:</i></p> <ul style="list-style-type: none"> • Visceral Manipulation 2 by Dr.Jean-Pierre Barral, R.P.T., D.O. <p>Atlas of Human Anatomy by Frank Netter, MD.</p>
 <p>VISCERAL MANIPULATION 3 (VM3)</p> <p>Course Dates:</p> <ul style="list-style-type: none"> • November 15–18, 2017 <p>Johannesburg</p> <p>Lecturer: Dr Lisa Brady Grant DC Senior Instructor (USA)</p> <p>Venue: 78 Ballyclare Drive, Riverclub, Sandton</p>	<p>In Visceral Manipulation: The Pelvis (VM3) studies the relationship between functional and structural mechanics of the pelvis.</p> <p>Course Highlights</p> <ul style="list-style-type: none"> • Learn to identify, receive and conduct Jean-Pierre Barral's method of evaluation and treatment for the organ systems of the pelvic cavity, including the integration of the pelvic organs with the complex ligament systems of that body region. • Discover techniques for differentiating between somatic and visceral causes for pelvic and low back problems. • Discover how to integrate the pelvic organs functional movement patterns. • Explore additional principles of direct and indirect approaches and their appropriate applications. • Integrate the pelvis into the body with principles of Lines of Tension and Interrelationships 	<p>Cost: \$ 795 USD</p> <p>Credits: 24 CEU’s</p> <p>Pre-requisites: VM1, VM2</p> <p><i>Suggested Reading:</i></p> <ul style="list-style-type: none"> • Visceral Manipulation Pelvis by Dr.Jean-Pierre Barral, R.P.T., D.O. <p>Atlas of Human Anatomy by Frank Netter, MD.</p>

 <p>VISCERAL MANIPULATION STUDY & PRACTICE GROUPS Johannesburg</p> <p>RSVP : 011 883 3422 or jomad@mweb.co.za</p> <p>Group Leader: Joanne Enslin de Wet Venue: <i>Rochester Place, 173 Rivonia Road Morningside, JHB.</i></p>	<p>VM1 Study Group</p> <p>Wednesday 18 January 2017 ; 5.30 - 6.30 pm Wednesday 01 March 2017; 5.30 - 6.30 pm Wednesday 19 July 2017; 5.30 - 6.30 pm</p> <p>VM 2 Study Group</p> <p>Saturday 14 Jan 2017 ; 10.00-12.00 am Wednesday 15 February 2017 , 5.30 - 6.30 pm Wednesday 22 March 2017, 5.30 - 6.30 pm</p>	<p>Cost: R200</p> <p>Pre-requisites: VM1 for VM1 Study Group, VM1,2 for VM2 Study Group</p>
 <p>PATIENT SEMINAR WORKSHOP</p> <p>Dates:</p> <ul style="list-style-type: none"> • Thursday 02 February 2017 ; 5.30 - 7.00 pm • Wednesday 03 May 2017 ; 5.30 - 7.00 pm <p>RSVP : 011 883 3422 or jomad@mweb.co.za</p> <p>Johannesburg Joanne Enslin de Wet Venue: <i>Rochester Place, 173 Rivonia Road Morningside, JHB.</i></p>	<p>Join us in an interactive evening of case presentations of patients that are seen by therapists attending the workshop.</p> <p>We will approach the integration of all systems that may be causing the patients symptoms.</p> <p>Everyone welcome and no visceral manipulation training required.</p> <p>Therapists are welcome to apply for their patients to be presented. First come first serve.</p>	<p>Cost: R 100</p> <p>Pre-requisites: none</p>



CRANIOSACRAL THERAPY 1 (CS1)

Course Dates:

- **May 06-09, 2017**

Johannesburg

Lecturer: Shyamala Strack OTR/L (USA)

Venue:

78 Ballyclare Drive, Riverclub, Sandton

A world-renowned educational and research organisation, Upledger CranioSacral Therapy is used to treat headaches and migraines, neck and back pain, TMJ dysfunctions, chronic fatigue, motor co-ordination problems, hyperactivity, dyslexia, colic, feeding and sleeping problems, and difficult to treat cases.

Course Highlights

- Describe the scientific foundation and principles of CranioSacral Therapy - and why it's the key to relieving pain and dysfunction at their source
- Demonstrate finely tuned palpation skills you can rely on as highly sensitive and intuitive healthcare tools
- Identify the subtle craniosacral rhythm and interpret its patterns to accurately evaluate dysfunction and improvements
- Locate the source of physical problems by traveling through the fascial system, that complex web of tissue that impacts all body structures and systems
- Work with approaches to a number of common ailments such as TMJ dysfunction, head and neck pain, central nervous system disorders and many more
- Put a simple, effective 10-Step Protocol into practice right away


Cost: \$ 795 USD

Credits: 24 CEU's

Pre-requisites: none

Suggested Reading:

- Your Inner Physician and You (Upledger)
- CranioSacral Therapy (Upledger & Vredevoogd) Chapters 1-6

 <p>CRANIOSACRAL THERAPY 2 (CS2)</p> <p>May 11-14, 2017 Johannesburg</p> <p>Lecturer: Shyamala Strack OTR/L (USA)</p> <p>Venue: 78 Ballyclare Drive, Riverclub, Sandton</p>	<p>CranioSacral Therapy 2 (CS2) greatly expands the work learned in CS1 and completes the biomechanical CranioSacral Therapy training. The hands-on sessions will focus on cranial base dysfunctions, the masticatory system-hard palate, mandible and temporomandibular joint, whole body evaluation and the energy cyst with regional unwinding.</p> <p>Course Highlights:</p> <ul style="list-style-type: none"> • Cranial-base dysfunctions as assessed and treated by Dr. William Sutherland, the originator of Cranial Osteopathy. These strain patterns can produce profound full-body effects. • Review of the 10-Step Protocol. • Adverse strain patterns of the face, to include: nasal bones, zygomatic bones, maxillae, vomer, and palatines. Stressful patterns of the bony face can cause a myriad of issues related to the face, throat, intracranial membrane system, the entire body and physiological systems. • Facilitated Segments are spinal cord areas that can cause debilitating issues. Using a process to locate these segments and then treat them is essential to a CS protocol, especially when working with clients • Discussion of adaptation of CS technique for children. • How to effectively integrate techniques from CS1 and CS2 into treatment sessions of any length, or in combination with other modalities.. 	<p>Cost: \$ 795 USD</p> <p>Credits: 24 CEU's</p> <p>Pre-requisites: CS1</p> <p><i>Suggested Reading:</i></p> <ul style="list-style-type: none"> • CranioSacral Therapy (Upledger & Vredevoogd) • Upledger CS 2
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